Take and Eat

Chorus:
Take and eat, take and eat
This is my body given up for you
Take and drink, take and drink
This is my blood given up for you.

Verse 1)
I am the Word that spoke and light was made
I am the seed that died to be re-born
I am the bread that comes from heaven above
I am the vine that fills your cup with joy
(Repeat Chorus)

Verse 2)
I am the way that leads the exile home
I am the truth that sets the captive free
I am the life that raises up the dead
I am your peace, true peace my gift to you
(Repeat Chorus)

Verse 3)
I am the Lamb that takes away your sin
I am the gate that guards you night and day
You are my flock you know the shepherd's voice
You are my own, your ransom is my blood
(Repeat Chorus)